

PLEASE NOTE:

Post this completed form with payment for treatments to:

23 Holm Oak Close
London
SW15 2UN

All session requests must be received
**NO LATER THAN
31 May 2007**

Alternatively email your sessions using this form, saved, completed & sent by attachment to fun@fitfantastic.co.uk

Session allocations relating to bookings with outstanding balances as at the final payment date **1 May 2007** will be **CANCELLED** if payment remains outstanding

No session allocations will be confirmed until arrival at the weekend

REF : VOLCANIC VIBES

Fit Fantastic Session & Pamper Booking Form 15/17 June 2007							
Class Sessions				Pamper Treatments			
Insert 10 sessions & you will receive a maximum of 6				Insert the type & no of each type of treatment			
Please Note You do not need to pre-book any sessions marked NB on the timetable Sessions are subject to availability of a 1 st come 1 st served basis We do not guarantee session availability	In Order of Preference, <u>Not</u> Date/Time			Massage	No.	Cost	Total £
	In Order	Ref	Day	Time	Full Body		£22.00
	Choice 1				Back/Shoulders		£15.00
	Choice 2				Back/Leg		£15.00
	Choice 3				Aromatherapy		£17.00
	Choice 4				Foot/Calf		£12.00
	Choice 5				Please Note All Treatments Must Be Paid For In Advance By Cheque Made Payable To "Fit Fantastic" PLEASE BOOK YOUR EXACT APPOINTMENT TO SUIT YOU ON ARRIVAL AT OUR DESK		
	Choice 6						
	Choice 7						
	Choice 8						
	Choice 9				Total Payment Enclosed		
Choice 10							
Your Details							
Name:							
Address:							
Postcode:							
Email:							
Tel. No:				Work/Home:			
Name Of Your Party Leader:							
Pontins Booking Reference:							
Signed:				Dated:			

Due to the volume of bookings for this event we strongly recommend that you complete this form & post / email it to fun@fitfantastic.co.uk AS SOON AS POSSIBLE as class places are available on a 1st come, 1st served basis & we do not guarantee to provide 6 session allocations

Please submit all choices in strict ORDER OF PREFERENCE, not in day or time order as where possible we will allocate your first 6 choices as they are listed

If one of your first 6 choices is full at the time of RECEIPT of your form we will automatically defer to your 7th listed choice & include it in your session allocation

If two of your first 6 choices is full at the time of RECEIPT of your form we will automatically defer to your 7th & 8th listed choices for your session allocation

We will continue to defer to your 10th selection if any of your earlier choices are unavailable but do not guarantee 6 pre-selected session allocations

PLEASE INSERT AN EMAIL ADDRESS AND TELEPHONE NUMBER FOR US TO CONTACT YOU REGARDING YOUR ALLOCATIONS

We do NOT CONFIRM class allocations in advance of arrival at the event.

Please collect your Class Credit Card / Treatment Pass with your apartment keys from PONTINS Reception at Check-in from 4pm on Friday 15 June

CANCELLATION POLICY – AS PER ACCOMMODATION BOOKING FORM TERMS & CONDITIONS

Kindly return this form no later than **31 May** ensuring that it is completed and signed and any payment for treatments is also enclosed to:

Fit Fantastic, 23 Holm Oak Close, London, SW15 2UN

..... Regretfully we are not able to process ANY selections RECEIVED after 31 May

This document is a release of claims - By signing it you acknowledge & accept the following:

- You willingly participate in the event at your own risk & you acknowledge that the venue rooms may contain pillars, columns, wooden & carpeted floors with transitions in level.
- You have no physical restrictions, disabilities or any predispositions to sickness or injury that may be aggravated or adversely affected as a result of your participation. If in any doubt you MUST consult your doctor prior to the weekend. If you should feel unwell during a session you MUST stop exercising and inform the session steward in the event room or Pontins staff at Reception
- Fit Fantastic reserve the right to amend, alter, reschedule, relocate or cancel sessions and/or presenters without notice, compensation or refund
- Fit Fantastic do not guarantee, acknowledge or confirm receipt of selections or advise on session availability or full/unavailable sessions
- Fit Fantastic reserve the right to refuse participation in sessions and to re-allocate availability if participants are not present at the scheduled start time of each session
- You will not seek to prosecute or claim any compensation from the organisers, sponsors, presenters or participants of the event for any injury, loss, or damage
- You will take full responsibility for any injury, loss or damage to your person/property, that may arise directly or indirectly from your participation in the event
- Fit Fantastic may film, photograph or record you during the event and retain the right to use any such film, photographs or recordings for promotion of current and future events without seeking consent or permission

I have carefully read & understood all of the above

I accept that I am permitted to & that I participate in the event by agreeing to all of the above

Print Your Name:.....

Signed:.....Dated:.....

Weekend Booking Form

Fit Fantastic, Camber Sands, 15/17 June 2007

From 15/17 June 2007, Fit Fantastic at Camber Sands will deliver a fitness experience that's fun, friendly, fresh and will leave you feeling good with change to spare. Whether you're an instructor or a class member this is for you!

- **FUN IN THE SUN**

Have fun in the sun with indoor and outdoors classes such as aerobics, step, circuits, combat, aqua & conditioning with the added extra of more unusual classes in pilates, yoga, salsa, hip hop, jazz & "workout shows" for all levels of fitness from convention junkie to complete beginner – OUTSIDE BAR & BBQ all weekend

- **A WORLD CLASS** event for a **BUDGET PRICE!**

The best international fitness presenters from all over the world providing the latest fitness experiences & techniques INCLUDING:

World Aerobic Champion Nick Beyeler (SWI) • World Aerobic Champion Michelle Dean (AUS) • Karl Frew • Steve Watson • Lincoln Bryden • Rebecca Small (AUS) • Jo Parry • Richard Brooke • Calvin Wiley (USA) • Dean Hodgkin • John Shehan • Steve Schiemer (AUS) • Kardy Laguda • Robert Steinbacher (GER) • Yoav Avidar (ISR) Lenon Peachlum (USA) • Kenrick Sandy • Laure Courtellemont (FRA) • Kim Simms-Battiste (USA) • Angie Bunch (USA) • Sherman Shoate (USA) • Ceri Hannan • Denise Page • Delvin Clarke • Pierre Pozzuto • Marc Daly • Action UK • Flexibar • Steph Toogood & HydroActive Team • Troy Dureh • Carroll Crook • Edson Luciano Gongaza (BRZ) • Bex Minchin • Alex Carr • Laura Symons • Dan Little • & more

- **AFFORDABILITY**

Prices from as little as £50 per person per weekend including accommodation for 3 nights and entry to evening parties. You can **reserve your accommodation and immediately pre-book classes requiring advance registration with just a deposit of £50 per apartment.**

Non-class participating children under 16 go free

- **ON-SITE ACCOMMODATION FOR 3 NIGHTS**

Self-catering apartments all within 2 minutes walk of the class & party venues so that you can shower, change, eat or watch TV between classes & then roll home after a late night dancing. 3 grades of accommodation to suit all budgets & taste

- **FLEXIBILITY**

Do what, as much or little as you want, when you want. You can choose to chill in your apartment, go to the beach or wander around picturesque Rye, have pamper treatments, use the resort facilities or simply do all of the classes. Eat in the on-site restaurant & bars, go out in Rye or cater for a healthy diet & cook for yourself in your apartment. Join the parties in the evenings or have your own private fun in your apartment

- **PARTY WITH FRIENDS**

With prices so low, flexible accommodation & classes for all levels of fitness the weekends are great for groups of friends who exercise a lot or a little or not at all. Ditch the family or bring them with you, hang out with friends & class members & let your hair down in our parties until 4am on Friday, Saturday & **SUNDAY** nights

Accommodation & Weekend Booking Form					
Please state which type of accommodation you require & complete the total cost & personal details boxes					
<p>You may only pre-book as soon as your booking</p> <p>Classes are subject to availability of a 1st come 1st served basis</p> <p>We do not guarantee class availability</p>	Prices Include All Classes, Accommodation & Evening Entertainment				
	Apartment Type	Min Occupancy	£ / Person	Supplement £	Total £
	Club 2 Bed	4	£ 89	5 th person £65, 6 th person £60	
	Classic 2 Bed	4	£ 69	5 th person £55, 6 th person £50	
	Classic 1 Bed	2	£ 79	3 rd person £65, 4 th person £55	
	Classic 1 Bed	Single Person	£ 115	Non Applicable	
	Budget 1 Bed	2	£ 58	3 rd person £45, 4 th person £40	
	Budget 1 Bed	Single Person	£ 89	Non Applicable	
	Deposit Per Apartment		£ 50	Applies To All Types	
Total Payment Enclosed					£
Your Personal Details					
Name:					
Address:					
Postcode:					
Email:					
Tel. No:	Mobile:	Work/Home:			
Preferred Method Of Payment:			Cheque / Debit Card / Credit Card		
Payment or Cheque Guarantee Card Number:					
Card Valid From Date:	Card Expiry Date:	Last 3 Digits On Signature Strip:			
Card In The Name Of:					
Names Of Other Party Members:					
Cheques payable to PONTINS & all forms posted to Fit Fantastic, 23 Holm Oak Close, Putney, London SW15 2UN					
Signed:			Dated:		